

Boston's Age Strong Commission

Weekly Digest

April 11 - April 17, 2022

Information & opportunities for Boston's older adults

WEEKLY DIGEST
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Stay Connected to Age Strong:

City Hall, Room 271
1 City Hall Square
Boston, MA 02201
617-635-4366
agestrong@boston.gov
boston.gov/agestrong

  @AgeStrongBos

AGE+

City of Boston
Age Strong
Commission

If it's been at least four months since your first booster, you are eligible for a second booster if you are:

- 50 years or older; or
- 12 years or older and moderately to severely immunocompromised; or
- 18 years or older AND received 1 Johnson & Johnson's Janssen COVID-19 primary dose and 1 booster dose

Boosters are essential for preventing severe illness from COVID-19. **Stay up to date on your vaccinations by getting your COVID-19 booster!**

boston.gov/covid19-vaccine



Mayor's Health Line:
617-534-5050

Bus Buddy Chronicles

AmeriCorps Volunteers teach older adults how to use the MBTA



Special Screening Event:
Tuesday, April 12, 1-3pm

Veronica B. Smith Senior Center
20 Chestnut Hill Avenue, Brighton
RSVP to dawn.lepore@boston.gov
or 617-635-4858

A 3-part video series by Dominga Martin
Watch free online at boston.gov/AgeStrong,
Boston City TV & Boston Neighborhood
Network TV

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City of Boston
Age Strong Commission
Mayor Michelle Wu



AmeriCorps
Seniors



MONDAY, APRIL 11

9am

Age Strong Virtual Chair Yoga

No registration necessary

Click [here](#) for more information.

11:30am

Age Strong Virtual Meditation

No registration necessary

Click [here](#) for more information.

5pm

Parks: Virtual Fitness: Dance Fit

Click [here](#) to register & for more information.

5:30pm

BPL: Writing Workshop w/Poet Laureate

Boston Public Library: Roxbury Branch

149 Dudley Street, Roxbury

Click [here](#) to register & for more information.

TUESDAY, APRIL 12

10:30am

A Quilting Circle

BPL: Codman Square

690 Washington Street, Dorchester

Click [here](#) to register & for more information.

10:30am-12noon (6 week course)

BPL: Computers for Beginners

Boston Public Library: Central Branch

700 Boylston Street, Copley Square

Click [here](#) to register & for more information

11am-1pm

Knit/Crochet Circle

Boston Public Library: Roslindale Branch

4246 Washington Street, Roslindale

Click [here](#) for more information.

11:30am-12:30pm

Age Strong Virtual Latin Dance

No registration necessary

Click [here](#) for more information.

1-3pm

Bus Buddy Chronicles Screening Event

Veronica B. Smith Senior Center

20 Chestnut Hill Avenue, Brighton

RSVP to dawn.lepore@boston.gov

6:30pm

BPL: Hatha Yoga

Boston Public Library, Fields Corner Branch

1520 Dorchester Avenue, Dorchester

Click [here](#) for more information & to register.

6:30pm

Parks: Virtual Fitness: Afrobeats Dance

Click [here](#) to register & for more information.

7:00pm

BPL: Kanopy Klub - Reaching for the Moon

Click [here](#) for more information & to register.

WEDNESDAY, APRIL 13

7:30am-8:00pm

Boston Blooms Block Party

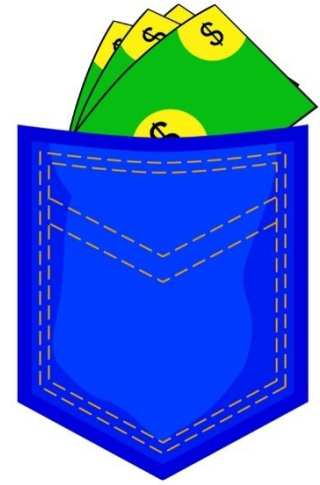
Downtown Boston - South Station to Park St.

Click [here](#) for more information.

Senior Circuit Breaker Tax Credit

Put up to \$1,170 in YOUR pocket!

The Massachusetts "Circuit Breaker" tax credit provides tax relief for low to moderate income older adults age 65+. This tax credit is available for renters & homeowners. Additionally, residents may apply for this income tax credit even if they owe no income taxes.



Basic Requirements for Eligibility:

- Must be a Massachusetts resident or part-year resident
- Must be age 65 or older by January 1, 2022
- Must own or rent residential property in Massachusetts and occupy it as your primary residence
- For tax year 2021, your total Massachusetts income doesn't exceed:
 - \$62,000 for a single individual who is not the head of a household
 - \$78,000 for a head of household
 - \$93,000 for married couples filing a joint return
- Homeowners can qualify if their property taxes & half of the water & sewer bills are more than 10% of their annual gross income
- Renters can qualify if 25% of their rent is over 10% of their total income for the year

You are Ineligible for this Tax Credit if:

- You are married & your status is married, but filing separately
- You are a dependent of another taxpayer
- You receive a federal or state rent subsidy or you rent from a tax-exempt entity
- For tax year 2021, the assessed value of your principal residence exceeds \$884,000

**Contact the MA Department of Revenue for more information at:
617-887-6367**

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City of Boston
Age Strong Commission
Mayor Michelle Wu

11am

Parks: Virtual Fitness: Chair Yoga

Click [here](#) to register & for more information.

11:30am

Age Strong Virtual Yoga

No registration necessary

Click [here](#) for more information.

12noon-3pm

Free Immigration Consultations

Click [here](#) for more information.

3pm

BPL Virtual: Shelf Service Live:

Recommendations from BPL Librarians

Click [here](#) to register for more information.

4-7pm

BPL: Free Tax Preparation (Drop-Off & Remote Only)

Click [here](#) to register & for more information.

THURSDAY, APRIL 14

1030am

Estate Planning for All

Click [here](#) to register & for more information.

12-2pm

Job Search Workshops with MassHire

BPL Lower Mills

27 Richmond St., Dorchester

Click [here](#) for more information.

1pm

BPL Virtual: Lunchtime

Science Fiction/Fantasy Short Story Club

Click [here](#) to register & for more information.

2pm

Tai Chi for Wellness with Eddie Watkins

Click [here](#) to register & for more information.

6:30pm

Parks: Virtual Fitness: Zumba

Click [here](#) to register & for more information.

FRIDAY, APRIL 15

10am-12noon

BPL Virtual: Drop-in Office Hours: Legal Services Center

Click [here](#) to register & for more information.

11:30am

Age Strong Virtual Zumba

No registration necessary

Click [here](#) for more information.

12:30pm

Parks: Virtual Fitness: Chair Meditation

Click [here](#) to register & for more information.

SATURDAY, APRIL 16

9am

Parks: Virtual Fitness: Strength Training

Click [here](#) to register & for more information.

10am

Swan Boats Opening Day

Public Garden

4 Charles Street, Boston

Click [here](#) for more information.

SUNDAY, APRIL 17

6pm

Parks: Virtual Fitness: Yoga

Click [here](#) to register & for more information.

For more information about City of Boston events, visit boston.gov/events

**DID YOU KNOW YOU COULD
SAVE UP TO \$1,500
ON YOUR PROPERTY TAXES?**



JOIN AGE STRONG'S PROPERTY TAX WORK-OFF PROGRAM

*Our mission is to enhance the lives of
Boston's older adults with meaningful
programs and resources.*

ABOUT PTWOP

- Qualified older homeowners could volunteer up to 106 hours for the City of Boston, in exchange for a property tax abatement of up to \$1,500 per fiscal year.

REQUIREMENTS

- Age 60+
- Gross income:
\$40,000 or less if single
\$55,000 or less if married
- You must own & occupy property 3+ years & occupy property as a primary residence.

HOW IT WORKS



Step 1

Submit your application with all supporting documents by July 1, 2022.



Step 2

If approved, we'll match you with a volunteering opportunity.



Step 3

When you complete the hours, you'll receive a property tax abatement.

AGE+

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Age Strong Commission
Mayor Michelle Wu

617-635-5741
lisa.martins@boston.gov

THE BOSTON BLOOMS BLOCK PARTY

ALL DAY **APRIL 13**
WEDNESDAY

DOWNTOWN BOSTON
SOUTH STATION → PARK STREET

Join us for a block party featuring plant giveaways, food trucks, live music, a beer garden, and more!

CITY of BOSTON | Tourism, Sports, and Entertainment | Economic Opportunity and Inclusion | Parks and Recreation | New Urban Mechanics | Arts and Culture | Mayor Michelle Wu | THE GREEN WAY | BOSTON



Disability Community Forum

SAVE THE DATE
MAY 11, 2022 @2PM

An opportunity to meet local government officials, learn about City initiatives, ask questions, and tell us about your accessibility priorities.



City of Boston
Disabilities Commission

Boston.gov/disability

HEY, BOSTON, COME ON BACK!
TAX SITES ARE OPEN & SAFE. CALL FIRST



FREE TAX SERVICES



Over **180,000** taxpayers served
Over **\$320 million** dollars returned
directly to taxpayers' pockets

**Maximize your refund; get all the credits available to you,
even if you have no income**

Advanced Child Tax Credit, Stimulus Payments, EITC, Healthcare credits

Save for Emergencies and Plan for the Future

Open a Bank Account, Purchase a Savings Bond, Fix and build your credit

Residents welcome even if undocumented

Apply for an ITIN or file your taxes with a current ITIN,
bilingual tax prep available

BostonTaxHelp.org | 617.635.4500



fb.com/BostonTaxHelp
@BosTaxHelp
@BostonTaxHelp

INTERESTED IN FREE OR DISCOUNTED INTERNET?

The Affordable Connectivity Program offers eligible households up to \$30 per month for internet service, and up to \$100 in a one-time discount for a digital device.

Learn more and submit an application online at **ACPBenefit.org**.

CITY of BOSTON



Innovation and Technology

ALL ABOARD

Starting Tuesday,
March 1, the 23, 28 and
29 MBTA buses will be
fare-free for two years.

OFFICE of MAYOR WU



Hearing Loss?

Will you hear your smoke alarm?

The Boston Fire Department will install a free bed shaker alarm with smoke and CO detectors to ensure you will be able to respond in the event of an emergency. For installation and additional information please call 617-343-3337 or email michelle.mccourt@boston.gov



Here is how the HLAC works:

Ordinary T-3 smoke alarm

Patented Lifetone™ technology constantly listens for your smoke alarm

Bright orange screen flashes "FIRE"

Powerful pulsating bed shaker vibrates



The LOUD low-frequency 520 Hz T-3 alarm sounds
A baritone voice says "FIRE! GET OUT!"



EVACUATION

REQUEST FOR
INFORMATION

(RFI)



The Office of Emergency Management is seeking the community's help to find innovative ways to approach and improve our evacuation planning through the **Evacuation Request For Information!**

Please respond to this RFI and help us improve the way we think about evacuation in Boston by visiting :

[Bit.ly/BostonEvacuation-RFI](https://bit.ly/BostonEvacuation-RFI)



BE INFORMED, PLAN AHEAD, STAY READY!